



NORTH WEST
CANCER RESEARCH

LAURA



Peer pressure is unpleasant, cruel and it can be difficult to act against the thoughts of a group, even if you disagree.

It takes courage and bravery to stand up for what you believe in and it's important to try and stay true to yourself.

Celebrities such as Nicola Roberts and Niall Horan have a naturally pale skin tone and many other celebrities (including Nicola) have spoken out about the unnecessary pressure on people to be tanned and how embracing your natural tones is the way to go.

TOM

